Volume 3, Issue 3 January 1, 2019



Special points of interest:

- 2019 Summer Camp Dates registration is open!!!
- Worked with 21 High School programs this fall
- Academy has boys & girls from 47 different high school programs
- Academy will be on Sunday evenings and one day during the week during the winter
- BRAND NEW CAMP ON JULY 15!!!!!



2019 APPLETON CAMP DATES!!!

All Fox Valley area camps will be hosted at: Lawrence University, Alexander Gym, 1100 East South River St. Appleton, WI, 54915

| Post Camp 1 Perimeter Skills 1 * Shooting Lab NBA Dynamic Scoring Post Camp 2 Ball Handling Competition Camp | July 8 th July 8 th July 11 th | 9:00am- 12:00pm 1:00pm- 4:00pm 9:00am – 11:30pm 12:30pm - 3:00pm 9:00am- 12:00pm 1:00pm - 4:00pm 9:00am – 12:00pm | $5^{th}-12^{th}$ $5^{th}-12^{th}$ $5^{th}-12^{th}$ $5^{th}-12^{th}$ $5^{th}-12^{th}$ $3^{rd}-12^{th}$ $3^{rd}-8^{th}$ $4^{th}-12^{th}$ | \$45 \$45 \$75 \$75 \$45 \$45 \$45 |
|--|--|---|---|--|
| | g June 26 th -27 th | 12:30pm - 3:00pm | U 12 | 474 |
| Ball Handling | July 8 th | 1:00pm - 4:00pm | $3^{rd} - 12^{th}$ | \$45 |
| Perimeter Skills 2 | July 11 th | 1:00pm – 4:00pm | 5^{-6} 4^{th} - 12^{th} 5^{th} - 12^{th} | \$45 |
| Offensive Skill Development | July 17 th -18 th | 9am- 12pm & 1pm -4pm 9:00am - 11:30am | $5^{\text{th}}-12^{\text{th}}$ | \$85 \$75 |
| Shooting off ScreensYouth Skills | July 17 th -18 th July 22 nd -23 rd | 12:30pm – 3:00pm 9:00am - 11:00am | 5 th -12 th K-5 th | \$75 \$45 |
| Shooting Camp Ball Handling & Ball Screet | July $22^{nd} - 23^{rd}$ ens July 24^{th} | 12:00pm - 3:00pm 9.00am-12:00pm | 3^{rd} -12 th 5 th -12 th | \$85 \$45 |
| Ball Handling 2 | July 24 th | 1:00pm-4:00pm | 3^{rd} -1 2^{th} | \$45 |

Post camp and Ball Handling Camp 1 & 2 are different. You do not need to attend camp 1 to attend camp 2

*Means Limited Numbers Available (Max 64) * \$10 discount for each additional camp registration *Family Discount \$5 per kid but must be mailed in.

| Inside this issue: | | On behalf of our coaching staff, I want to welcome you to the 2019 edition of our Fox Valley summer basketball | | |
|--|--|---|--|--|
| | | camps. We're excited to continue working with youth players and helping each to develop their games. | | |
| | | Youth Skills Camp- Covering all the essential areas and skills of the game. | | |
| Celtics 2 | <u>Shooting Camp</u> - This camp teaches the proper shooting technique. | | | |
| | Shooting Lab *-Different from our shooting camps, we'll video and analyze shooters technique. (Max 64) | | | |
| Know your Nos | 2 | <u>NBA Dynamic Scoring Camp</u> -Emphasizing footwork, attacking defenders, finishing in traffic to help score against talent. <u>Post Camp</u> -Teaching the essential skills needed to play the post position. Camp 1 & 2 are different. You do not need to attend both. | | |
| 4 Team Shooting 3 | Ball Handling Camp-Covering skills a player will need to effectively handle the basketball. | | | |
| Brad Stevens | 4 | <u>Competition Camp</u> -This camp is structured around numerous competitions that will improve overall skill and speed of play. <u>Perimeter Skills Camp</u> -This is a new camp covering intermediate and advance skills of the guard and forward perimeter spots. | | |
| M to M Set play | 4 | <u>Competitive Shooting Camp</u> -This camp focuses on competing while shooting. Every rep becomes game reps. <u>Shooting off Screens Camp</u> - This camp teaches proper footwork coming off screens and technique to shooting on the move. | | |
| Xmas camp | 5 | Ball Handling & Ball Screens-Learning how to handle the ball while using the ball screen to make plays and score out of it / find open teammates. Offensive Skills -A new camp this year a 6-hour day which includes Skill development and 3x3 & 2x2 live competition | | |
| Xmas camp | 5 | In all our camps, our goal is to match our skill and game-play instruction to every player's vision for self- improvement. We look forward to working with the youth players in the Fox Valley. As always, players will receive: | | |
| | | Small group and individual instruction from experienced coaches and players. | | |
| Strong focus on fundamental skill work, and individual drills to help you improve. | | | | |

Campers Newsletter

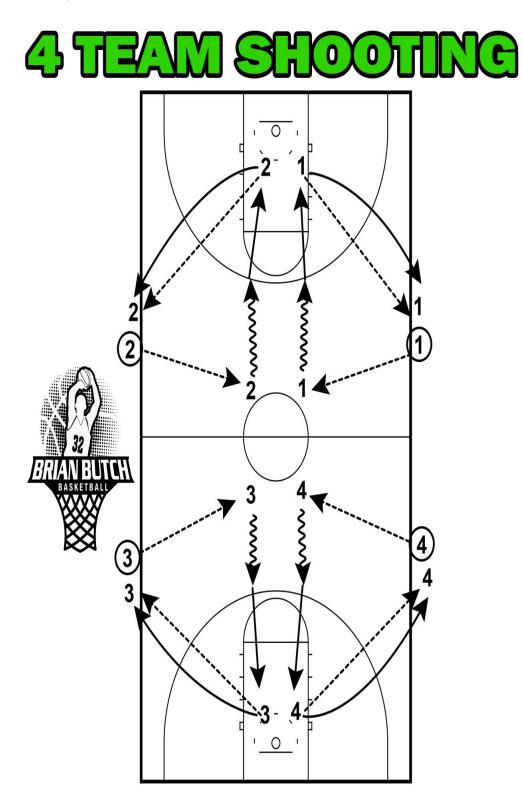


Prepare so you don't have to repair





You have to know what you will tolerate and what you won't. Know Your No's. How can you expect your players to know if you don't even know yourself!!



Can go for certain amount of time or makes.

Player with ball passes to teammate near center circle and follow their pass. That teammate will dribble to take a shot (15ft, 17ft, or 3). Their teammate around the basketball will rebound, pass to next teammate in line and follow their pass. The player who just shot will be next rebounder *Can have shooter rebound their own shot

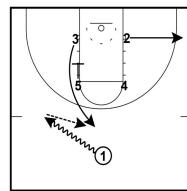


"Positivity is much more than just a state of mind; it is a state of action."





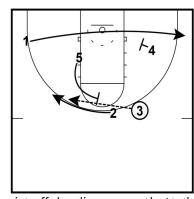
Comparison is the Thief of Joy



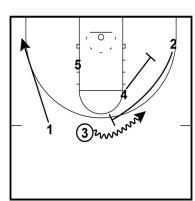
"ZIPPER CHEST"

PG dribbles to the side. 2 spaces to corner. 5 zippers 3.

"ZIPPER CHEST"



PG sprints off a baseline screen set by 4 to the corner to occupy the defense. 5 rolls out and flares for 2 to three. 3 looks to hit 2 for a three.



"ZIPPER CHEST"

PG spaces to the corner. 4 sets a wide pindown for 2 right into a middle ballscreen for 3. 3 comes off the ballscreen.











THANKS TO ALL THE CAMPERS WHO ATTENDED OUR 2 BLACK FRIDAY CAMPS!!! HAD A BLAST WORKING WITH YOU!!!

