Volume 4, Issue 1

November 14, 2019







Brian Butch Basketball Holiday Clinics

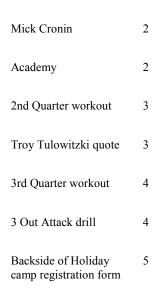
REGISTER ONLINE AT:

Website: <u>www.brianbutchbasketballcamps.com</u> Email: <u>brianbutchbasketball@gmail.com</u> Twitter:@BrianButchHoops

On behalf of Brian Butch Basketball and his Coaching Staff we want to introduce you to our Holiday Break Series. As basketball season is basically in full swing we wanted to offer two Holiday Break Clinic's, these clinics are going to be limited to a small number kids per session and focus on the skill development of the game. Our Focus will be on playing against pressure, attacking the rim, finishing and shooting. It is our goal to focus on the correct techniques of the game to make sure that you will have success this upcoming season.

Special points of interest:

- Academy has boys & girls from 48 different high school programs
- Academy Winter dates are available!!!
- Holiday Camp online registration is open!!!
- 2020 Summer Camp dates will be released in January!!!





Holiday Break Clinic	Director	Dates	Price	Max # of Athletes		
Black Friday	Logan Flora	Nov 29 th (10am-12pm)	\$30	36		
Christmas	Logan Flora and Brian Butch	Dec 30 th (10 am-12pm)	\$30	36		
Both			\$60 -\$50			
REGISTRATION FORM - Consent form is o	n the back and must be fill	ed out as well.	*Age Groups	Are Grades 4 th -8th		
Full Name:	Current Grade:		Phone: _			
Address:	Parent's Name(s):					
City:	Email:					
State: Zip:						
Registration is available online a	t <u>www.brianbutchbask</u>	etballcamps.com or Cash	or Checks are	acceptable		
Checks are Payable to:		Contact Information:				
Brian Butch Basketball Camps		Brian Butch Basketball Contact				
1532 Remington Rd		Logan Flora Email:coachflora@gmail.com				
Neenah, WI, 54956		Phone: 920-284-1658				
www.brianbutchbasketballcamps.com						
	Brian Butch Email: <u>brianbutchbasketball@gmail.com</u>					
	Phone: 920-858-1241					

Please make sure you sign and fill out the waiver/consent form on the back of this slip. Thank you.

Inside this issue:

Campers Newsletter



If you give the future all your attention, the present will pass you by





- Mick Cronin



Brian Butch Basketball is offering a year round skill development basketball academy that is working with current & future boys & girls from 48 different high school programs. The purpose of this academy is to help you grow as a player and a person whether it is in your off-season or during your current season. At the Academy, players will work on shooting, ball handling, footwork, creating space, passing, pivoting, post play, attacking off the dribble and the pass as well as understanding **why** we work on these skills and much more. The Academy is for both boys and girls in grades 3 and up. Can join at anytime and you have 1 year from purchase to use your sessions. Contact for times, dates , price & location.

> Ripon College MBB Asst. Coach Logan Flora at 920-284 1658 /coachflora@gmail.com Brian Butch at 920-858-1241 / brianbutchbasketball@gmail.com

#ELEVATE YOUR GAME!!!

2nd Quarter

1. 15s – FT Line Jumpers

*Run Sideline to Sideline with shooting a jumper between each

*Keep track of makes out of 15

2. Catch N Shoot Suicides

*Touch FT Line – Make 4 Lay-ups

*Touch Half court – Make 3 Jumpers

*Touch Opposite FT Line – Make 2, 1 Dribble Pull-Ups

*Touch Opposite Baseline – Make 1, 3 Pointer

3. Line Jump Shooting

*Elbow to Elbow line jumpers. 2 feet hop every and back to the line from elbow to elbow

*Square Up, shoot jumper. Repeat in opposite direction

*Make 10

4. Dribble Pushups

*Dribble Planks into a push-up

*Keep dribble(5 total then push-up), repeat for 5 reps each hand

*1 Min rest between drills – Make 2 FTs in a row

*3 Min rest between quarters – Make 5 FTs in a row

"I would love for it to be a competition because that makes our team better. I remember being a rookie and I had to beat out a veteran. I welcome competition. It really doesn't matter to me, you don't get to this point without competing. I don't make that decision. That's why we have coaches, that's why we have managers. They'll tell you what's going on."

- Troy Tulowitzki

This is the 3rd Quarter of 4 to a Conditioning Workout. 4th Quarter will be in November



Competitiveness will always FIND a way & Convenience will always FIND an EXCUSE!







"Invisible threads are the strongest ties."

3rd Quarter

1. 15s – FT Line Jumpers

*Run sideline to sideline shooting a 3 at top of key each time

*15 total shots, keep track of makes

2. Progressive Dribble Suicide

*Baseline to FT to Baseline – 1 Dribble Move

*Baseline to Half court line to Baseline – 2 Dribble Moves

*Baseline to Opposite FT line to Baseline – 3 Dribble Moves

*Baseline to Opposite Baseline to Baseline – 4 Dribble Moves

*Total moves at each line then continue so for example when you get to half court and turn to face baseline you make 2 moves then continue to baseline make 2 moves then move on to part 3(3 dribble moves)

3. Closeout Shooting

*Left Side Only

*Block to 3 point line then closeout(straight up the rail). Inside pivot,2 slides and receive pass for a jumper. Run back to block and start over

*Make 10 shots and rotate which direction you slide after each shot

4. 2 Ball Strength Series

*15 Second Low Pound (Ankles)

- *15 Second Mid Pound (Hip)
- *15 Second High Pound (Shoulders)
- *15 Second rest
- *1st Round Squared Stance
- *2nd Round Right Lounge
- * 3rd Round Left Lounge

*1 Min rest between drills - Make 2 FTs in a row

*3 Min rest between quarters - Make 5 FTs in a row





1 passes to 7. 7 attacks Chair/Cone makes move then attacks & finishes. 1 cuts of Chair/cone & receives pass from 4. 4 to 1 handoff or pitch back. 4 either pull ups. 7 goes behind 6. 4 goes behind 3. 1 goes behind 9

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Brian Butch Basketball Little Dribblers **Holiday Clinics**

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LOGAN FLORA *Ripon College Asst Coach *15yr College Coach

*Coached 27 professionals



BRIAN BUTCH

Camp Staff

*Played 10 years professionally

*Former Wisconsin Badger

*Mr Basketball 2003 *Coached with

Wisconsin Herd



NOV 29

TANNER SCHIEVE

*Hilbert HS Boys Head Coach *Played at Wisconsin Lutheran College *Played HS for his HOF Dad

NOV 29 DEC 30



All Fox Valley Christmas Break clinics will be hosted at: Mount Olive Elementary School 930 E Florida Appleton WI, 54911

Holiday Break Clinic	Director	Dates	Price	Max # of Athletes	
Little Dribblers Black Friday	Logan Flora	Nov 29 th (8:30am-9:30am)	\$15	36	
Little Dribblers Christmas	Logan Flora and Brian Butch	Dec 30 th (8:30 am-9:30am)	\$15	36	
Little Dribblers Both			\$30 -\$25		
REGISTRATION FORM - Consent form is on the back and must be filled out as well.			*Age Groups	Are Grades K-3 rd	

Current Grade: _____

ge Groups Are Grades K-3

Phone:

Full Name:	
Address:	
City:	

Parent's Name(s): _____

Email:

State: Zip:

Registration is available online at www.brianbutchbasketballcamps.com or Cash or Checks are acceptable

Checks are Payable to: Brian Butch Basketball Camps 1532 Remington Rd Neenah, WI, 54956 www.brianbutchbasketballcamps.com

Contact Information: Brian Butch Basketball Contact

Logan Flora Email:coachflora@gmail.com Phone: 920-284-1658

Or

Brian Butch Email: brianbutchbasketball@gmail.com

Phone: 920-858-1241

Please make sure you sign and fill out the waiver/consent form on the back of this slip. Thank you.

We'd like to thank our sponsors for their support of the 2019 Brian Butch Basketball Camps:



Wavier and Release Form

I certify that _______ (Childs Name) has my permission to participate in the Brian Butch Basketball Camps. I hereby release Brian Butch Basketball Camps (Event) and Brian Butch Enterprise, LLC (Company), and his employees from any liability, claims, lawsuits, etc. from any injury or illness that may result from participation in Brian Butch Basketball Camps (Event). The participant is releasing Brian Butch Enterprise, LLC (Company) and his employees for any acts of negligence I certify that my child is in good physical health and can participate in all camp activities. I further certify that the above camper has medical insurance in case of an emergency. Brian Butch Basketball camps (Event) and Brian Butch Enterprise, LLC (Company), the directors, and any staff shall not be held responsible for personal injury of any player or loss of individual property during the camp. I grant permission for the camp directors to act on my behalf in case of medical emergency. I understand that I am responsible for all medical expenses.

I, __________ (Players Name) release Brian Butch personally and Brian Butch Basketball Camps (Event) from any liability, claims, lawsuits, etc. from any injury or illness I may suffer during my participation in any of the camps organized by Brian Butch or the Brian Butch Basketball Camps or Brian Butch Enterprise, LLC. I grant to Brian Butch Enterprise, LLC, the right to take photographs of me and my family in connection with the above-identified event. I authorize Brian Butch Enterprise, LLC, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that Brian Butch Enterprise, LLC may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

Signature of Parent

Contact in case of emergency

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Signature of Player