



Special points of interest:

- Academy has boys & girls from 49 different high school programs
- Academy Winter dates are available!!!
- Holiday Camp online registration is open!!!
- 2020 Summer Camp dates will be released in January!!!

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ELEVATE YOUR GAME

BRIAN BUTCH

BASKETBALL



8 Traits of The Best Teammates

If you were to ask any athlete past, present, or future what their favorite sports memories include, what would they say?

Teammates.

It's bigger than the scoreboard.

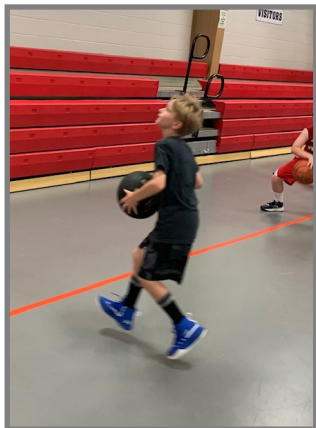
Sports are about being a part of something bigger than yourself. Sure, they can bring individual highlights, honors, and praise, but anything special involves teammates. We can't do it alone.

Long after the games are over scores will be forgotten, stats will be replaced, and trophies will collect dust. However, the memories made last a lifetime.

We tell our own children and the athletes we coach all the time, 'Be a good teammate.' Well, what does that mean? What does one do to make him or herself a great teammate?

Eight traits the best teammates have.

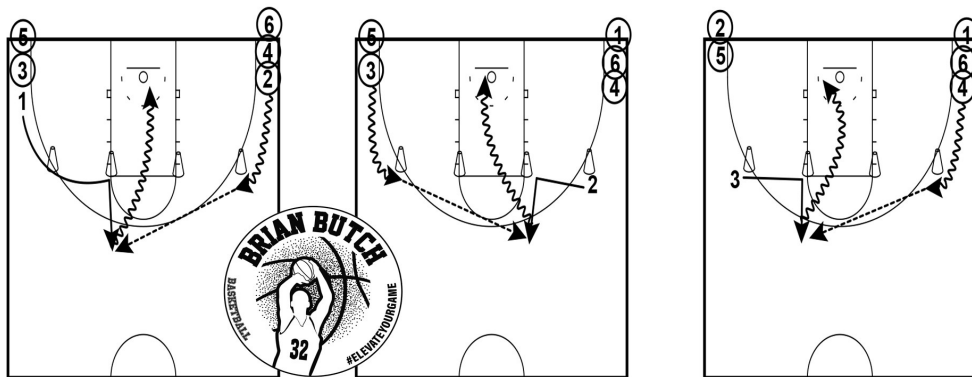
1. Great teammates **are unselfish**. Bright lights don't need spotlights. Being an unselfish teammate allows one to make the right play. They don't care who gets the credit and know the star of the team, is THE TEAM. These unselfish teammates seek opportunities to praise others.
2. Great teammates are **hard workers**. They have high energy and raise the level of every room, gym, or field they enter. These teammates show up every day, no excuses given, and give their very best. It's in their nature to give maximum effort, and by doing so they force everyone on the team to raise their level of play.
3. Great teammates **root, support, and cheer for everyone on the team**. These teammates support everyone on the team including all players, coaches, and managers. They are about the name on the front of the jersey, not the number on the back. It doesn't matter if it's the All-State player going D1, or the kid who never plays whose career ends when the season is over; these great teammates are cheering loudly for each person they have the honor of calling a teammate.
4. Great teammates **don't bring drama or negativity to the team**. Simply put, they don't allow drama to be a part of the culture. They help create the culture by living out the standards and values which are put on posters. When they come to practice they're not checking phones, sending snaps, or engaging in gossip. They connecting with teammates, lifting others up, and setting the tone for an enthusiastic practice.
5. Great teammates **compete every day**. These teammates don't take days off. Heck, they don't take drills off. They compete at everything. Everything is a healthy competition. By having this mindset they help their team stay sharp. Complacency is not allowed to creep into the culture. Players who compete every day push their teammates to become better and in the process take their team to new heights.
6. Great teammates **don't let their talent interfere with their character**. These



*If you give the future
all your attention,
the present will pass
you by*



2 LINE "L" CUTS



1 sprints around cone to 2nd cone(elbow) and makes an L cut as 2 dribbles to cone at wing. 2 makes left hand flick pass to 1. 1 attacks and finishes

3 dribbles to 1st cone and makes a right hand flick pass to 2 who just made an L cut. 2 attacks and finishes

4 dribbles to 1st cone and makes a left hand flick pass to 3 who just made an L cut. 3 attacks and finishes



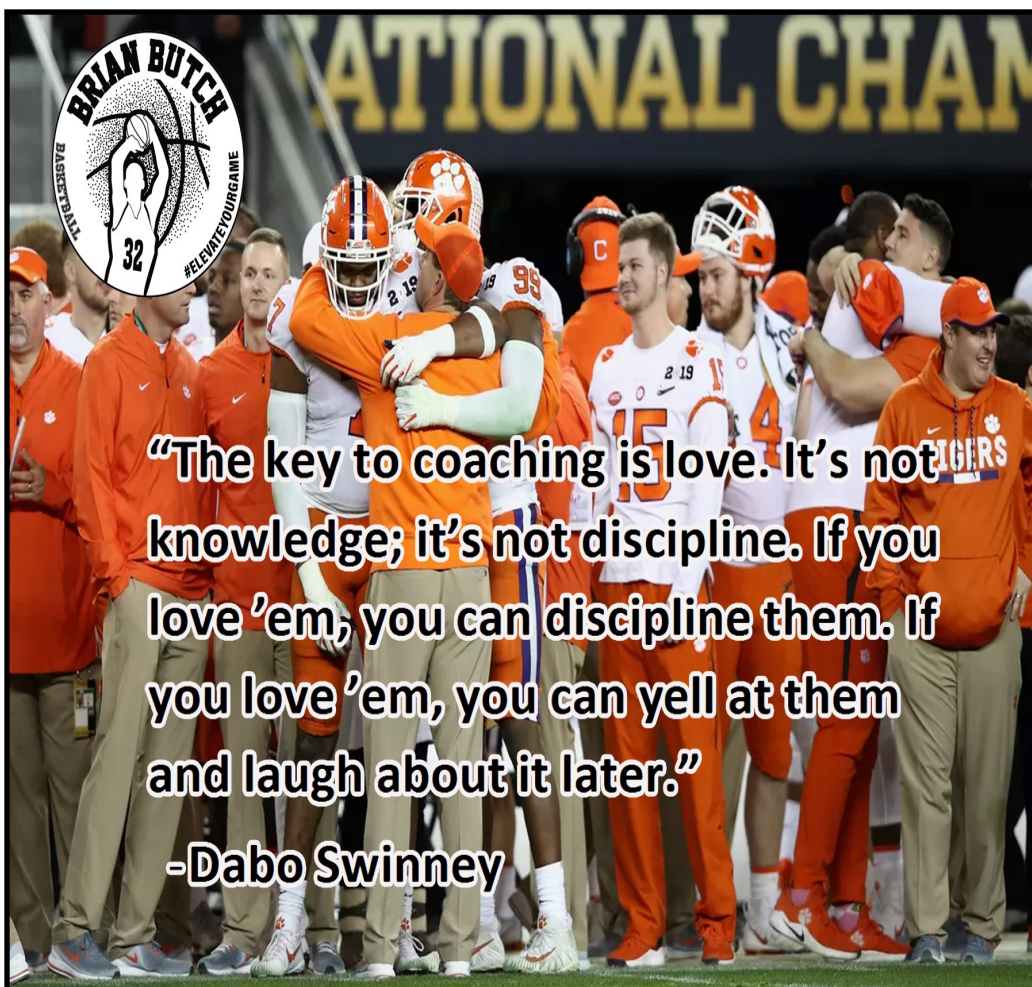
Brian Butch Basketball is offering a year round skill development basketball academy that is working with current & future boys & girls from 48 different high school programs. The purpose of this academy is to help you grow as a player and a person whether it is in your off-season or during your current season. At the Academy, players will work on shooting, ball handling, footwork, creating space, passing, pivoting, post play, attacking off the dribble and the pass as well as understanding **why** we work on these skills and much more. The Academy is for both boys and girls in grades 3 and up. Can join at anytime and you have 1 year from purchase to use your sessions. Contact for times, dates , price & location.

Ripon College MBB Asst. Coach Logan Flora at

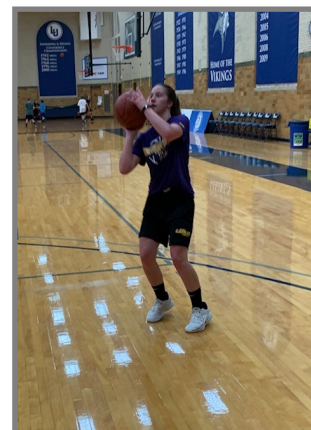
920-284 1658 /coachflora@gmail.com

Brian Butch at 920-858-1241 / brianbutchbasketball@gmail.com

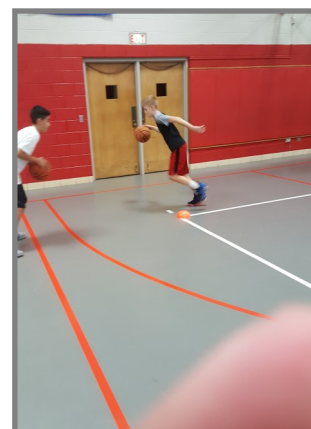
#ELEVATE YOUR GAME!!!



Success happens when your level of “I Want” is finally matched by your level of “I’m Willing”.



Competitiveness will always FIND a way & Convenience will always FIND an EXCUSE!





*“Invisible
threads are the
strongest ties.”*



players are special because they combine talent with character. They are true leaders. They know that just because they have talent it doesn't give them permission to coast. They don't let off the court behavior become an issue. They show up in the classroom the same way they do on the field. They hold themselves to the same standard, if not higher than everyone else.

Great cultures don't exist without great teammates

7. Great teammates **believe in the team**. Instead of pointing fingers and asking what's wrong? These teammates are saying, 'C'mon we got this!' When the team is trailing and things aren't going as planned, these athletes inspire their teammates to fight back and give it their all. When the team is winning and things are going well, they remind their teammates the game's not over and they can always do better. Great teammates believe in the team's mission, and want to do whatever is needed to push the team closer to its goals.
8. Great teammates **embrace their role**. These teammates don't whine, complain, or sulk about playing time. They embrace their role and do it to the best of their ability. Great teammates understand they don't have to be a "star" but they can "star" in their specific role on a team. Great cultures don't exist without teammates willing to sacrifice for the greater good of the team. Teams can only win championships when players acknowledge, accept, and excel in their roles. Great teammates do that.

Great teammates know there is more to leading by example. They are the creators and protectors of special team cultures.

Be sure to share these traits with your athletes to help build the special team culture you've always wanted.

“I’m not for everybody. When you’re a leader, you know you’re not going to be for everybody. You have to be OK with not being for everybody when you’re a leader. And if you are for everybody, you’re not leading.”

- PJ Fleck

